

ELICITING STRENGTHS AT INFANT VISITS

- What do you enjoy doing with your baby?
- When you need a brief break in caring for your child, who has your back?

- Acknowledge the stressors of a new baby are common
- Compliment they are doing a great job
- Ask how they are managing complexities of caring for a newborn.
- What are some new exciting things that you have noticed your baby is doing now?

- What do you enjoy most about spending time with the baby?
- I noticed how you tell her what you are doing, how you....etc. and then show how that is so good at promoting healthy development